

The ContactEZ *Restorative Strip System* is an innovative, precision dental strip system designed to achieve ideal proximal contact adjustment and complete marginal seating of crowns, veneers, inlays/onlays, and proximal contouring of composite fillings accurately with minimum time and effort.

- ▶ Single-handed, ergonomic design offers optimal tactile control and reduces hand fatigue.
- ▶ Eliminates the need to hold small restorations and use rotary instruments or articulating films.
- ▶ Central opening for enhanced visual perception and access for tools.
- ▶ Patient-friendly design prevents gagging and soft tissue irritation.
- ▶ Flexible strips conform to the natural contours of the teeth to avoid creating sharp corners
- ▶ Autoclavable and reusable.

① Adjust proximal contact



Black Diamond Strip
The Ideal Proximal Contact Adjuster
Fine Diamond • Single-Sided

REF 31108

Use the **Black Diamond Strip** to adjust ideal proximal contacts and restore interproximal relief (IR)* by eliminating excessive pressure between the indirect restoration and the adjacent teeth without opening the contact. Use this strip prior to definitive cementation of crowns, inlays/onlays, and veneers. It is also useful to contour proximal surfaces of composite fillings.



Orange Serrated Diamond Strip
The Proximal Contact Adjuster with Sawtooth
Extra-Fine Diamond • Single-Sided • Double-Serrated

REF 31208

Use this strip in place of the **Black Diamond Strip** when overly tight contacts are present, and the strip cannot access the interproximal space. The serrated edge readily separates and penetrates the tight contacts to prepare for ideal proximal contact adjustment. To clean out excess cement from the interproximal space, use the **White or Blue Serrated Strips**.

*The Journal of Prosthetic Dentistry, "A Proximal Contact Adjustment and Interproximal Relief Method" Vol. 97, No. 4, by Daniel S Kim, DDS & Kyu-Won Suh, DDS

② Clean out trapped cement



White Serrated Strip
The Gentle Saw, Interproximal Cement Cleaner
No Diamond • Double-Serrated

REF 31408

This ultra-thin serrated strip is designed to safely cut and clean out excess cement trapped in the interproximal space after cementation. Prior to light curing, use it for interproximal cleaning of multiple veneers or composite fillings without disturbing placement and to separate them from adjacent teeth. Pass the strip back and forth buccolingually only, using gentle force.



Blue Serrated Strip
The Heavy-Duty Dental Saw
No Diamond • Double-Serrated

REF 31508

This heavy-duty dental saw is designed for more rigorous cutting and cleaning in the interproximal space. It safely cuts into massive excess resin cement trapped in the interproximal space as an alternative to the **White Serrated Strip**. It is also very useful for separating fused contacts of multiple veneers after light-curing.

③ Polish to a natural finish



Gray Final Polishing Strip
The Proximal Surface Polisher
Extra-Fine Diamond • Single-Sided

REF 31308

Use this strip to polish proximal contact surfaces of restorations and to restore a natural finish in one step. This strip also confirms interproximal relief (IR)* after definitive cementation. For interproximal stain removal and cleaning, use the **Hygienist Strip, Stain Remover**.



Patented

contacez.com

100% Guaranteed

360.694.1000



EMERGO EUROPE
Prinsessegracht 20
2514 AP The Hague
The Netherlands



ContactEZ, LLC
217 SE 136th Ave, Suite 105
Vancouver, WA 98684
United States

The ContacEZ *IPR Strip System* is a safe and innovative interproximal reduction system that makes interproximal enamel stripping efficient and accurate without creating sharp corners or subgingival ledges. Designed for use with clear aligners and other orthodontic treatments, these flexible diamond strips curve and conform to the natural contours of the teeth to maximize patient comfort and safety.

- ▶ Ergonomic, single-handed design
- ▶ Provides optimal tactile control
- ▶ Will not remove excess enamel
- ▶ Will not cut lips or gums
- ▶ Prevents sharp corners or subgingival ledges
- ▶ Effective for anterior and posterior areas
- ▶ Central opening for maximum visual perception
- ▶ Saves chair-time

IPR Strip System



Yellow Starter • 0.07 mm
Single-Sided • Extra-Fine Diamond • Serrated

REF32108



Red Opener • 0.12 mm
Double-Sided • Medium Diamond

REF32408



Dark Blue Widener • 0.15 mm
Double-Sided • Coarse Diamond

REF32508



Green Extra-Widener • 0.20 mm
Double-Sided • Coarse Diamond

REF32608

IPR Plus Strips



0.10 mm Single-Sided Opener
Medium-Fine Diamond • Serrated

REF32208



0.12 mm Single-Sided Widener
Medium-Coarse Diamond

REF32308



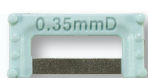
0.25 mm Double-Sided Widener
Coarse Diamond

REF32708



0.30 mm Double-Sided Widener
Coarse Diamond

REF32808



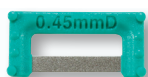
0.35 mm Double-Sided Widener
Coarse Diamond

REF36608



0.40 mm Double-Sided Widener
Coarse Diamond

REF36708



0.45 mm Double-Sided Widener
Coarse Diamond

REF36808



0.50 mm Double-Sided Widener
Coarse Diamond

REF36908

Usage Guidelines & Technique

This technique is especially effective for anterior teeth and for case refinement. ContacEZ *IPR Strips* are autoclavable (**steam heat only, no dry heat, up to 270°F for 10 minutes at 30 psi max**) and reusable, and should be sterilized prior to the first use. The manufacturer recommends to use each strip up to 5 times for maximum efficiency and functionality.

- ① Hold the strip with your thumb and forefinger, insert it into the interproximal space, and gently pass back and forth buccolingually until the strip is passive. Do not use vertical force. Start with the thinnest diamond strip, and repeat with thicker strips until you have reduced (stripped) the correct amount of enamel according to the treatment plan.
- ② To ensure accurate measurements, polish the proximal surface using the ContacEZ *Gray Final Polishing Strip*.
- ③ Verify reduction achieved using the ContacEZ *Incremental Thickness Gauge*.
- ④ Pediatric dentists can use ContacEZ *IPR Strips* for the serial proximal reduction of primary molars.

For convenience when autoclaving and organizing, store strips in a ContacEZ Strip Tray



Patented
contacez.com

100% Guaranteed
360.694.1000



EMERGO EUROPE
Prinsessegracht 20
2514 AP The Hague
The Netherlands



ContacEZ, LLC
217 SE 136th Ave, Suite 105
Vancouver, WA 98684
United States